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# SimplyHelp Foundation 幫幫忙基金會

[www.simplyhelp.org](http://www.simplyhelp.org)

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# Our Mission

To relieve poverty by providing emergency disaster relief, vocational training, and shelter and care for the homeless elderly.

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# Our Purpose

We work to empower people living in poverty so they can sustain themselves and their families in their own environment.

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# Our Values

We believe in providing basic human rights through vocational training, shelter, care, and disaster relief to enable people to take control of their lives and have hope.

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# Who We Are

→ **SimplyHelp is a 501(c)(3) non-profit organization based in Los Angeles dedicated to relieving poverty by providing emergency disaster relief, vocational training, and shelter and care for homeless elderly.**

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# SimplyHelp Has Built Partnerships Around the World...

# Highlights From 20 Years Of Service



SimplyHelp has developed strong partnerships with the United Nations, First Lady of Nicaragua, former First Lady of El Salvador, Minister of Foreign Affairs in Cambodia, Los Angeles County and Lehigh University. Domestically and internationally, SimplyHelp works closely with local nonprofit organizations, churches and governments to ensure the success and sustainability of its projects.

# United Nations

SimplyHelp received special consultative status from the Economic and Social Council (ECOSOC) of the United Nations in 2005. ECOSOC consults with nonprofit organizations from around the world to get a unique and detailed picture of what's happening on the ground around the world.



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## **SimplyHelp Has Hosted Workshops at the United Nations**

SimplyHelp has provided nonprofit organizations, academic institutions and corporations with interesting and informative workshops at United Nations conferences throughout the years. These workshops focused on a variety of topics – from ‘Best Practice in Women’s Empowerment’ to ‘Improving Global Health through Education of Mothers’ – and featured four panel speakers who were experts on the respective topics from around the world.

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## **Youth Ambassadors Have Received Leadership Training**

SimplyHelp has given young people the opportunity to attend United Nations conferences and to participate in SimplyHelp's workshops. Many of these 'youth ambassadors' have performed dances, played music, or given speeches at the workshops that have been inspired by the workshop topic.

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## Meet Our Senior Centers

SimplyHelp built 6 homes for homeless elderly in El Salvador and Panama. Homeless elderly persons living on the streets are brought to SimplyHelp's senior center homes where they are provided with a safe place to live, 3 nutritious meals a day, health care, fun activities and lots of love.

# Meet Vocational Training in Cambodia

## Tailoring School

A unique, mobile tailoring school was established in Cambodia in 2002. The school moves to a different rural area once the demand for training decreases at its current location.

## Computer Literacy School

The Simply Help Inc. Cambodia computer school was opened in 2002 and is located in Cambodia's capital, Phnom Penh.





## Meet Vocational schools in Nicaragua

Guillermo Ampie Lanzas High School in the city of La Concepcion has a student body of 1,500 students and teaches its students for free.

SimplyHelp joined the school in its educational efforts by providing computers and printers for computer classes, sewing machines and fabric for sewing classes, and materials for carpentry classes.

# Domestic Projects to Homeless Shelters

SimplyHelp has distributed many goods and basic needs to thousands of homeless individuals and families living below the poverty line in Los Angeles County.

# **Domestic Projects to Homeless Shelters**

92% of all expenses are efficiently invested back into our projects.

**SimplyHelp is active in 23 countries with a strong presence in Central America and South East Asia since 2000.**



**We are active in following regions:**

- Africa
- Asia
- Caribbean
- Central America
- North America
- South America

# Personal Stories

After Sreyvon Chreng mother and father died from AIDS, the responsibility of caring for her three younger siblings fell upon her.

"The SimplyHelp school didn't just give me a skill to make a living, they gave me life itself," said Chreng. "I beg you to continue programs for vocational schools to help many other poor Cambodians that might face tragic events in life like I did."

Cambodia

Wendy says she likes the School very much because it's the only school that gives people from low economic backgrounds opportunities to learn by providing classes for free. Additionally, students are treated well at the school because the focus is on teaching a skill; not about your background. She says, "This school does not discriminate: Money, religion or politics do not play a role."

El Salvador

Martha says, "I like to put my knowledge to use, so I usually take the blood pressure of my parents regularly. Honestly, I want to be a nurse because one of my dreams is to help elderly people. They are the people who need my help the most."

Nicaragua



A hand holding a black smartphone, with the screen facing the viewer. The background is a blurred red surface, possibly a wall or a piece of fabric. The text is overlaid on the image in a white, sans-serif font.

**SimplyHelp  
Foundation  
Changing Lives, One  
Heart At A Time**