

SIMPLYHELP FOUNDATION

CHANGING LIVES, ONE HEART AT A TIME

Founded in 2001, SimplyHelp is a 501(c) (3) nonprofit organization. Our mission is to relieve poverty by providing emergency disaster relief, empowering the underprivileged through vocational training, and providing shelter to the homeless elderly.

Senior Centers for the Homeless Elderly in El Salvador

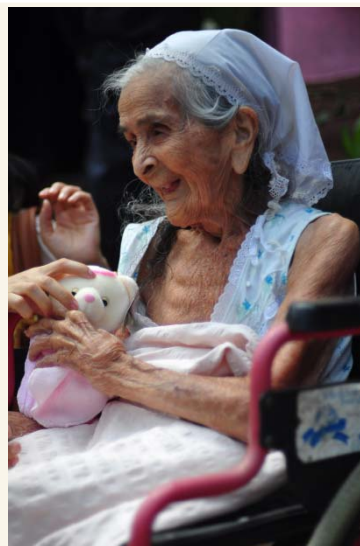
El Salvador is a country where over 37% of the population live under extreme poverty. Due to high unemployment and low pay, most citizens are struggling to meet basic daily needs. Many seniors have been abandoned by their loved ones, and have been forced to live on the streets. They are weak, hungry, and suffer from malnutrition and illnesses.

Since 2004, SimplyHelp has constructed three senior centers for these homeless elderly. Together, the centers take care of over 65 seniors daily. Each year our centers provide over 71,000 meals. Our resident seniors are provided with their own comfortable bed, three hot meals, medical care, and engage in social activities. Volunteers from all over the world share their hearts with these unfortunate seniors, and provide them a place that they can call home.

CAMPAIGN FOR SENIOR CENTER #4

In 2011 SimplyHelp began a campaign to construct El Salvador Senior Center #4. We will need to raise **\$98,400** by July 2012. This facility will provide 35-40 homeless seniors shelter and food. **We are still \$26,400 short of reaching our goal, and we need your help!**

While hunger and homelessness is a fact of life for over one-billion people around the world, we believe that the solution starts with *each one of us* doing what we can. Act now! *You* can help a frail homeless senior to find peace of mind.



98-year-old Basilia Ramirez Melendez happily accepts a small gift from a SimplyHelp volunteer.

One person *can* make a difference, and many people working together can accomplish miracles.

Please consider joining forces with us to fight world hunger and poverty.

Senior Adoption Program: For \$120 per year you can provide a formerly homeless senior with a warm bed, hot meals, medical care, and a chance to feel loved and cared for in the final stage of their life.

For more information, visit www.SimplyHelp.org. You can also follow our programs on Facebook.

幫幫忙基金會 — 啟發希望，改變命運

成立於西元 2001 年，幫幫忙基金會是一個具有美國 501(c)(3) 非營利組織執照的國際慈善組織，基金會的使命在於透過急難救助、貧困單親媽媽就業技能培訓以及年長者無家收容所方式幫助貧困社區獲得所需援助。



78 歲的 Jose Carlos Guerra 先生喝下熱呼呼的豆子湯，雖然每日三餐很簡單；久久才有機會吃到一次肉。但是這簡單的幸福卻是得之不易。

一個人的幫助可以造成些許的改變，一群人的幫助可以帶來奇蹟。現在就是伸出援手最好的時機！

請加入我們一同面對全球飢餓與貧困的問題

老人之家每日提供營養三餐、溫暖的床、簡單的個人照護與醫藥服務，並在老人過世的時候安排一份慎重的葬禮。

老人認養計畫：一年 120 元美金的贊助可以幫助一位貧病年長者在生命的最終獲得有尊嚴的愛與關懷。

更多相關資料，請參考我們的網站 www.simplyhelp.org，並請您加入我們的臉書來幫助更多窮困的人。

為貧病無依的薩爾瓦多年長者提供一個滿足基本溫飽的老人之家

遠在中美洲的薩爾瓦多，其總人口中超過 37% 的都是居住在符合聯合國貧窮標準以下的家庭；由於天災人禍不斷，造成國內高失業率與低工資，一般家庭都為基本生存所需而日日掙扎，不僅許多青少年被迫提早休學打工，許多貧窮生病的年長者更被親愛的家人給遺棄街頭，他們挨餓受凍、沿街乞討直到病倒街頭。

從西元 2004 年起，我們陸續在薩爾瓦多成立三所收容貧病無家年長者的老人之家，每日幫助超過 65 位耆老，每年提供七萬一千多份熱餐。居住在老人之家的每位年長者都有一張溫暖的床、營養的三餐、醫療照顧與簡單的娛樂活動。來自世界各地的義工將愛心帶給這些不幸的老人，讓他們在人生的最後一段獲得心靈上的平靜。

為建立第四所老人之家工程募款

老人之家過去八年來幫助許多年長者，然而舊的空間已經不敷使用。因此我們從西元 2011 年起再度發起募款，希望能在 2012 年七月之前募到九萬八千四百美金以增蓋新的老人之家，新的老人之家每日將能幫助額外 35 位至 40 位貧病年長者獲得避難所。**目前距離目標還差兩萬六千四百元美金急需幫助。**

儘管世界上超過一億人口生活在貧窮之中是不爭的事實，但是若我們每人能伸出一點援手，這個世界將會改變。幫助要即時，請你幫助貧病老人在人生最後旅程感受到人間的溫暖。